<table>
<thead>
<tr>
<th><strong>Full legal name of the institution</strong></th>
<th>Jyväskylän ammattikorkeakoulu/JAMK University of Applied Sciences</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Erasmus code</strong></td>
<td>SF JYVASKY11</td>
</tr>
<tr>
<td><strong>Head of institution</strong></td>
<td>Rector Jussi Halttunen</td>
</tr>
<tr>
<td><strong>Institution’s website</strong></td>
<td><a href="http://www.jamk.fi">www.jamk.fi</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>International Services</strong></th>
<th>Address: Rajakatu 35, 40200 Jyväskylä, FINLAND</th>
<th>E-mail: <a href="mailto:international@jamk.fi">international@jamk.fi</a></th>
<th>Fax: +358 14 449 9694</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>Contact Person</strong></th>
<th><strong>Function</strong></th>
<th><strong>E-mail/ phone</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Ms Nina Björn</td>
<td>International Relations Manager, Institutional Erasmus Coordinator - The coordination and development of internationalisation at JAMK (education), strategy work including Agreement on Objectives, budgeting, network cooperation</td>
<td><a href="mailto:nina.bjorn@jamk.fi">nina.bjorn@jamk.fi</a> +358 40 585 6791</td>
</tr>
<tr>
<td>Ms Maarit Sinikangas</td>
<td>International Relations Planner</td>
<td>(on leave of absence 18.9.2010-30.8.2011)</td>
</tr>
<tr>
<td>Ms Miska Möttönen</td>
<td>International Relations Planner - Planning and developing operations concerning international affairs, administration of Erasmus-programme, helps the staff in general matters related to mobility and international cooperation</td>
<td><a href="mailto:miska.mottonen@jamk.fi">miska.mottonen@jamk.fi</a> +358 40 566 0402</td>
</tr>
<tr>
<td>Ms Riikka Vanhanen</td>
<td>International Relations Planner - Planning and developing operations concerning international affairs, cooperation agreements, coordinator of FINNIPS-network</td>
<td><a href="mailto:riikka.vanhanen@jamk.fi">riikka.vanhanen@jamk.fi</a> + 358 40 562 2932</td>
</tr>
<tr>
<td>Ms Katja Niskanen</td>
<td>International Relations Secretary - Incoming exchange students (helps the incoming students in the process of mobility and administrates the mobility documents, support services for incoming exchange students)</td>
<td><a href="mailto:katja.niskanen@jamk.fi">katja.niskanen@jamk.fi</a> + 358 50 438 9983</td>
</tr>
<tr>
<td>Ms Sini Nousiainen</td>
<td>International Relations Planner - Outgoing exchange students (helps the outgoing students in the process of mobility and administrates the mobility documents and grants)</td>
<td><a href="mailto:sini.nousiainen@jamk.fi">sini.nousiainen@jamk.fi</a> +358 40 757 4043</td>
</tr>
</tbody>
</table>

| **International Coordinators of the Schools** | - School and degree specific information, academic guidance in the exchange procedures | See the contact list on the last page |
## Study Guide on the Internet
[www.jamk.fi/english/forstudents/studyguide](http://www.jamk.fi/english/forstudents/studyguide)

## Important information for exchange students
[www.jamk.fi/english/forstudents/forexchangestudents](http://www.jamk.fi/english/forstudents/forexchangestudents)

## Courses taught in English (link on this page to the listing)

The courses for the next academic year will be published on our website about six months prior to the beginning of the next semester.

## Credits/Credit hours per academic year
The student’s yearly workload is 1600 hours corresponding to 60 ECTS Credits.

## Academic year
22 August 2011 – 18 June 2012

### Autumn semester
Classes for exchange students run as follows:
29 August 2011 - 16 December 2011 (Please note that the first and last dates of classes may vary at different schools!)

### Spring semester
9 January 2012 - 11 May/18 June 2012 (Please note that the courses usually end by the 11 May. Semester lasts until 18 June only if student has enrolled for courses in the 5th period – so called Summer studies - as well).

## Application deadlines
**15 May** for autumn semester and the following academic year
**31 October** for the following spring semester

## Application Procedure
1. Exchange student application form including Learning Agreement online at [http://www.jamk.fi/english/forstudents/forexchangestudents/howtoapply](http://www.jamk.fi/english/forstudents/forexchangestudents/howtoapply) by the application deadline.
   NOTE! Any applications other than the electronic application of JAMK are not accepted.

2. A current Transcript of Records from the home institution and a copy of the passport of the student scanned via email or by post by the application deadline
   2.1 Students applying to the Degree Programme of Music must also send a demo-CD by post by the application deadline

The Transcript of Records, copy of the passport and in Music the demo-CDs, are sent to International Services (Rajakatu 35, FI-40200 Jyväskylä, Finland; international@jamk.fi) by the application deadline

### Orientation
Orientation for Exchange Students takes place at the beginning of each semester
- **Autumn semester 2011 orientation**: 25 - 26 August 2011
- **Spring semester 2011 orientation**: At the beginning of January, exact date to be announced later

### Language of instruction
| x Finnish | x English |

### Is a Finnish language course organised for incoming students?
Yes.

### Students’ organization
Student Union JAMKO
kv@jamko.fi
www.jamko.fi

### Housing contact person
Central Finland Student Housing Foundation (KOAS)
Ms Tiia Matilainen
tia.matilainen@koas.fi
+358 10 820 4427
+358 10 820 4444
[www.koas.fi](http://www.koas.fi)
## International Coordinators of the Schools

### School of Technology

**Ms Kirsi Torkkola**  
Rajakatu 35, FI-40200 Jyväskylä  
Tel. +358 40 705 4506

### School of Health and Social Studies

**Ms Armi Hirvonen**  
Keskussairaalantie 21, FI-40620 Jyväskylä  
Tel. +358 40 849 4035

### Teacher Education College

**Ms Irmeli Maunonen-Eskelinen**  
Rajakatu 35, FI-40200 Jyväskylä  
Tel. +358 40 588 9309

**Mr Sampsa Konttinen**  
Pitkäkatu 18 – 22, FI-40700 Jyväskylä  
Tel. +358 400 329 678

### School of Business and Services Management

**Ms Minna Junttila**  
Piippukatu 2, FI-40100 Jyväskylä  
Tel. +358 40 588 6533

**Mr Risto Korkia-Aho**  
Rajakatu 35, FI-40200 Jyväskylä  
Tel. +358 40 521 5687

## Approximate monthly costs (in Euros)

<table>
<thead>
<tr>
<th>Cost Range</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>500 € – 600 €</td>
<td>Approximate cost for living expenses.</td>
</tr>
</tbody>
</table>

### Accommodation

The rent for a cell apartment with one room, a shared kitchen and a bathroom varies between 200 € and 350 € per month. The deposit of 250 € has to be paid before the incoming international students arrive in Finland.

### Study material

A student may have to acquire study material and in that case has to cover the costs.

### Food

Approximately 2,60 €/meal at the student cafeteria.

### City transportation

A single ticket costs 3 €. Students can buy student priced travel cards: e.g. 10 trips cost about 20 € and is valid for 12 months, ticket for 30 days costs about 50 €.

### Websites for other useful information for incoming international students

- JAMK University of Applied Sciences - [www.jamk.fi](http://www.jamk.fi)
- City of Jyväskylä - [www.jyvaskyla.fi](http://www.jyvaskyla.fi)
- Discover Finland - [http://finland.cimo.fi](http://finland.cimo.fi)
- Virtual Finland - [http://virtual.finland.fi](http://virtual.finland.fi)
- Travel in Finland - [www.travel.fi/int](http://www.travel.fi/int)
- Weather - [www.foresca.com/eng/weather](http://www.foresca.com/eng/weather)
- Centre for International Mobility - [www.cimo.fi](http://www.cimo.fi)
- Finland - [www.visitfinland.com](http://www.visitfinland.com)

---

Note: The most current information can be found on our website [www.jamk.fi](http://www.jamk.fi).